NAME	SEMESTER/YEAR BEGAN LBRT

## HAWAI'I COMMUNITY COLLEGE, 2021-2022 Liberal Arts Exploratory - Health Sciences (LBRT-EXHS) Associate in Arts Degree

**Program Requirements** (Overall [60 credits, cumulative GPA 2.0 required from all courses])

Course	Course Name	Semester, Year & Grade	AA Credits
First Semester			
	Commerciales		2
ENG 100+* ( <b>FW</b> )	Composition I		3
ENG 102	College Reading Skills		3
Quantitative Reasoning (FQ)	Choose one course from:		
	MATH 100‡+*, 115+*, 120, 135, 140, 241, 242		3
General Elective (PHYL 141+*)	Human Anatomy & Physiology I		3
General Elective (PHYL 141L+*)	Human Anatomy & Physiology I Lab		1
Arts ( <b>DA</b> ), Humanities ( <b>DH</b> ), Literature ( <b>DL</b> )	See list on next page +		3
	First Semester Total		16
Second Semester			
General Elective (PHYL 142+*)	Human Anatomy & Physiology II		3
General Elective (PHYL 142L+*)	Human Anatomy & Physiology II Lab		1
General Elective (HDFS 230+*)	Human Development		3
PSY 100+* ( <b>DS</b> )	Survey of Psychology		3
SP 151†	Personal and Public Speech		3
OR	D' '1 CECC ' DIL G 1'		(2)
SP 251†	Principles of Effective Public Speaking Statistics (If course not previously taken)		(3)
General Elective (MATH 115)	` '		-
	Second Semester Total		16
Third Semester			_
MICR 130+* ( <b>DB</b> )	General Microbiology		3
MICR 140L+* ( <b>DY</b> )	General Microbiology Lab		2
Physical Science ( <b>DP</b> )	See list on next page		3
HIST 151 ( <b>FG</b> ) <b>OR</b>	World History to 1500		3
WS 175 ( <b>FG</b> )	History of Gender, Sex, and Sexuality to 1500 CE		(3)
ANTH 200+* ( <b>DS</b> )	Cultural Anthropology		3
	Third Semester Total		14
Fourth Semester			
GEOG 102 ( <b>FG</b> )	World Regional Geography		3
OR			
HIST 152 ( <b>FG</b> )	World History Since 1500		(3)
OR			
WS 176 ( <b>FG</b> )	History of Gender, Sex, and Sexuality 1500 CE to present		(3)
Arts ( <b>DA</b> ), Humanities ( <b>DH</b> ), Literature ( <b>DL</b> )	See list on next page		3
General Elective (BIOC 141)	Fundamentals of Biochemistry		3
General Elective	Any course numbered 100 or above		3
General Elective	Any course numbered 100 or above		2
	Fourth Semester Total		14
	Total Credits		60

WRITING INTENSIVE (WI)* ["C" Grade or Higher Required] [1 Course Required]	
"W" Indicates WI Sections only. WI Offerings vary each Semester. A WI Section of any course will	
satisfy the WI Requirement].	
EXAMPLES INCLUDE, BUT ARE NOT LIMITED TO: ART 101W, BIOL 124LW, ENG 105W,	
204W, 215W, 255W, 256W, 257AW, 257EW, <b>GEOG</b> 292V, <b>HD</b> 234W, <b>HDFS</b> 230W, <b>HIST</b> 120W,	
274W, <b>HWST</b> 107W, <b>PHIL</b> 101W, 120W, <b>PSY</b> 214W, 275W, <b>SOC</b> 251W, 265W, 289W, <b>WS</b> 151W	
HAWAIIAN/ASIAN/PACIFIC (HAP) ISSUES: [1 Course Required – 3 credits]	
ART 111 (Instructor Kaori Lang's sections only)	
BOT 105 (Instructor Orlo Steele's sections only)	
• ENG 102 (Instructor Vivian Chin's sections only)	
ENG 105 (Instructor Kristine Kotecki's sections only)	
ENG 255W (Instructor Tagi Qolouvaki's sections only)	
HWST 101 – All sections/instructors	
HWST 107 – All sections/instructors (recommended if transferring to UH-Mānoa.)	
PACS 108 – All sections/instructors	
DIVERSIFICATION - ARTS, HUMANITIES, AND LITERATURE	
[6 Credits Required, in two different areas: Arts (DA), Humanities (DH), Literature (DL)]	
1. Diversification – Arts (DA)	
<b>ART</b> 101, 107D, 111, 113, 114, 115, 217, 230, <b>DNCE</b> 153, 185, 195, <b>ENG</b> 204, <b>HWST</b> 103, 130,	
131, 230, 231, <b>SP</b> 151†, 251†	
2. Diversification – Humanities (DH)	
ASAN 120, 121, HAW 101, 102, 201, 202, HIST 153, 154, HWST 100, 101, 102, 105, 107, 201,	
PHIL 100, SP 260	
3. Diversification – Literature (DL)	
ENG 255, 256, 257A, 257E, HWST 270	
DIVERSIFICATION - NATURAL SCIENCES	
[7 Credits Required, 2 courses + 1 lab] [One three (3) credit course from Biological Sciences (DB)	
and one three (3) credit course from Physical Sciences (DP), and any one (1) credit Natural Science	
Lab course (DY).]	
1. Biological Sciences (DB) [1 Course Required]	
BIOL 100, 101, 124, 156, 171, 172, BOT 101, 130, GEOG 170, MICR 130+*, PHYL 141+*,	
<b>ZOOL</b> 101	
2 DL - 1 C (DD) [1 C D 1]	
2. Physical Sciences (DP) [1 Course Required] ASTR 110, BIOC 141, CHEM 100, 161, ERTH 101, GEOG 101, PHYS 105	
ASTR 110, BIOC 141, CHEM 100, 101, ERTH 101, GEOG 101, FH 15 103	
3. Natural Science Lab (DY) [1 Course Required]	
<b>BIOL</b> 100L, 101L, 124L, 156L, 171L, 172L, <b>BOT</b> 101L, 105L, <b>CHEM</b> 100L, 161L, <b>ERTH</b> 101L,	
MICR 140L+*, PHYL 141L+*, 142L+*, <b>ZOOL</b> 101L	
ELECTIVES [23 Credits Required]	
ANY COURSE NUMBERED 100 OR ABOVE	
Recommended courses, if not previously taken:	
BIOC 141, HDFS 230, MATH 115, MICR 130, 140L, PHYL 141, 141L, 142, 142L	
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- + These courses are the required courses for the Associate Degree in Nursing program.
- \* A grade of "C" or better is required to earn a certificate and/or degree.
- ‡ If you intend to transfer, your program may require a course higher than Math 100. Consult with your counselor or advisor.
- † These courses are cross-listed, but will only count once for graduation requirements.

Courses completed that do not apply to major

Course	Sem., Yr. & Grade	Course	Sem., Yr. & Grade