

Suggestions for Students with Learning Disabilities...

For assistance: Willow Aureala, Counselor
Ha'awi Kokua Program
Student Services
(808)322-4856
aureala@hawaii.edu

Organization: Set realistic goals and priorities for yourself.

- Keep only one master calendar with all assignments, exams and deadlines on it. Write in other appointments so you have a clear idea how your day or week will be spent.
- If you have problems managing your time, contact your counselors, they can help create a study plan.
- Organize your work, write the date and class on each page of your notes
- Record your assignments or homework in one special section of your notebook or folder. Be sure that it is easy to locate.
- Please make it a point to communicate with all your instructors. You must be able to tell them what particular difficulties you have with the class work.

Classroom tips...

- Sit toward the front of the classroom to avoid distractions and keep eye contact with the instructor.
- Use a tape recorder (please let the instructor know first) during lectures if you have difficulty keeping up or taking good notes.
- Review your notes and tapes as soon as possible.
- Write down any questions you might have so the instructor can answer them as soon as possible.
- Estimate how long it will take you to do an assignment and start early. Generally plan on two hours of study for every hour you spend in class.

Note takers:

- A note taker is a student, like you, attending Hawai'i Community College. They are being paid to go to your classes and take notes. However, you should also try to take notes if possible.
- If you have problems reading the notes, please tell your note taker and work out a system that will work for you. The notes will be given to you after each class.
- Please read the notes and review as soon as possible.
- If you are sick or will be absent, notify the Ha'awi Kokua Office; your note taker is not a substitute for you in the classroom.

Tutors:

- If you need help understanding the class work and need a tutor please contact the Ha'awi Kokua Office. Do this early in the semester; do not wait until you are lost.
- A tutor is a student, like you, attending Hawai'i Community College or the University of Hawai'i at Hilo. He/she is being paid to help you understand the class work and not do it for you.
- You must prepare for your tutoring time by doing your homework (as much as you can) and asking questions about what you do not understand.
- The tutor cannot read your mind so you must be able to tell him/her what it is you do not understand.
- Please be prompt for your tutoring session. If you are sick or cannot "make" your session, notify your tutor directly or call the Ha'awi Kokua Office.

Adapted from KCC 6/95